



DIY Retreat Schedule (sugg)

Note #1

After each speaker there is a place to put a specific action/reminder for the week. It's *singular* (and not plural) for a reason: Let it be easy!

Your action may come from the exercise, or from something a speaker said.

Let this be part of your listening practice, i.e. See what comes up for you and Trust it.

I suggest transferring your action for the week to a note card that you can put somewhere visible to help you remember.

Note #2

At the end of each interview, I say that their Gift for you is on their speaker page at theNewWoWSummit.com.

These are now available on their speaker page on NaturalProfessional.com

Links to all the speakers are at NaturalProfessional.com/DIYRetreatSpeakers

Week 1

BETSY TALBOT

-  interview
-  exercise
-  tool

Specific action/reminder for this week

Week 2

LIZ LAMOREUX

-  interview
-  exercise
-  tool

Specific action/reminder for this week

Week 3

TARA GENTILE

-  interview
-  exercise
-  tool

Specific action/reminder for this week

Week 4

LISA SCHRADER

-  interview
-  exercise
-  tool

Specific action/reminder for this week

Week 5

BETH BUELOW

-  interview
-  exercise
-  tool

Specific action/reminder for this week



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Week 6

BARI TESSLER

-  interview
-  exercise
-  tool

Specific action/reminder for this week

Week 7

JAMIE RIDLER

-  interview
-  exercise
-  tool

Specific action/reminder for this week

Week 8

MARGARET NICHOLS

-  interview
-  exercise
-  tool

Specific action/reminder for this week

Week 9



SHAWN FINK

-  interview
-  exercise
-  tool

Specific action/reminder for this week

Week 10

RANDI BUCKLEY

-  interview
-  exercise
-  tool

Specific action/reminder for this week